Move It! Winter Activity Challenge

Name _____ Grade ____ Teacher _____

Get moving this winter and earn rewards

Complete **10 minutes** of physical activity outside of school hours to complete a square.

Mark each completed square with a highlighter or X to keep track of your progress.

Examples:
- Playing Outside
- X-Country Skiing
- Sledding
- Snowshoeing
- Shoveling Snow
- Swimming
- Biking
- Hiking/Walking/Running
- Walking to/from School
- Skiing/Snowboarding (slope time only)
- After School Sports
- Ice Skating

GOAL 1
Log 21 hours of activity and receive a **Swim Pass** and **Small Ice Cream** from **Bozeman Hot Springs**!

GOAL 2
Log 35 hours of activity and also receive a **Round of Golf** on the Par 3 course, **Rental Clubs**, a **Range Token**, a **Candy Bar or Ice Cream** from **Cottonwood Hills Golf Club**!

Sheets must be turned into your homeroom teacher by **Friday, March 22nd**

Organized By

MONFORTON MOVES

MonfortonMoves.org

ACTIVITY TRACKER

1 Square = 10 Minutes Physical Activity

GOAL 1 • 21 HOURS

Earn a Bozeman Hot Springs Swim Pass & More

BOZEMAN HOT SPRINGS

GOAL 2 • 35 HOURS

Earn a Cotttonwood Hills Round of Golf & More

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